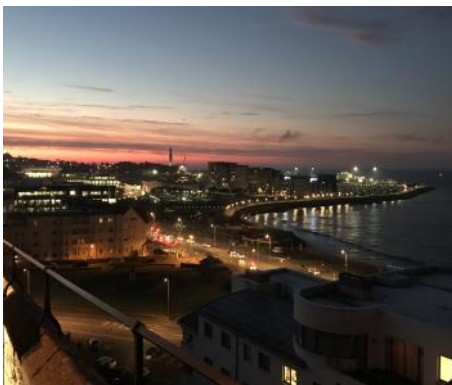




Care and support for Jersey's most needy



It's an early morning in St Helier. Its always a great time of day to look out and wonder just how people are really doing ? How they are getting by out there in a busy Jersey ? Some doing well, some really struggling . Every day there are those who come our way who just need a little help on their journey, through this thing called life.



*If only you could see us now!
Parklife; on tour. Book us on
631667. You'll love it!*

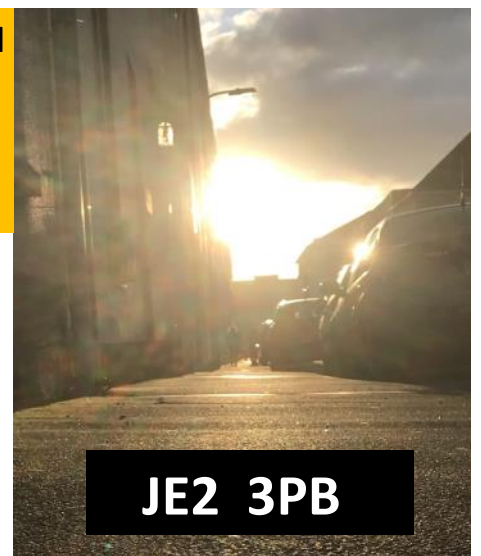


We had a great time with our Art in the Park Exhibition last Summer at JARO Gallery.

Thank you **Carey Olson** for sponsoring us in this display.

Every street holds a story, and every life deserves one.
Lewis St, St Helier is a place of hope and help.

We would like to say a big thank you to Lloyds Bank Foundation for The Channel Islands in awarding Grace Trust Jersey a grant to cover the General Manager's Salary for 2025



JE2 3PB

Meet our Saturday Lunch Cooks



Sue Freeman; Sue has one demand; everyone is enjoying being part of the team. Sue has been with us now for about 4 years. She is always looking for new meals to present to our folk. Very often she will drop by the office with a few things she has baked for our Art in the Park or Parklife. Never runs out of positivity. A great mentor in the kitchen to boot. We don't like her, we love her.

Jeannie Richardson; Cooking for large quantities of people is where Jeannie is in her element. She has a brilliant way of encouraging everyone around her that it's gonna be ok, "we can do this" with a big smile!. Jeannie has a big heart for those we serve week in week out, she gets where Grace Trust is coming from and to be honest we find her to be a very steady anchor to our whole lunch rota. The most divine Lasagne is her signature dish. Jeannie has been around for a long time now, going back to some of our early corporate cook days 2015 ish. Without doubt, a brilliant part of our lunch team.



Becky Scally; is one of our longest running cooks now. Becky became part of the lunches as an attendee in 2008, then as a volunteer in 2010 and then started cooking at the meals in 2017. Always turns up when she say's she will and does a really good straight forward plate of food for our folk, which is what its all about. She cooks at the lunches because she loves it. I did ask Becky once, what would be one of her best decisions in life ? she immediately said , getting involved with Grace Trust.

Mark Watkins; usually cooks on week 4. Mark was a volunteer for Grace Trust long before he worked for us. Mark is always looking for new ideas and menu's. He loves the quiet of "the preparation kitchen" and loves to cook. He also serves up an encouraging talk too!

Steve Rowland and a volunteer Team from **Vistra (Jersey) Ltd;** kindly cover the 5th Saturday in the month for us, covering all costs of the meal they create. They roll up their sleeves and get stuck in.





Thank you Carey Olsen

For the last two years Grace Trust has been one of two chosen charities by Carey Olsen. They have raised a truly amazing amount of money for us over this period. We have been able to direct this wholly into our projects. Alongside this, Carey Olsen also kindly sponsored our Art in the Park Exhibition last year held at JARO Gallery in York St, St Helier. This was one of the high points of our year . A really peaceful time of expression and overcoming, a real haven of hope.



It has been a busy winter for us, but we have been well supported by food donations and financial donations as well, see Mark on right. Our Christmas Party was kindly sponsored again for the third year running by Investec Bank , see Gerry and Adrian, on the left, on the Gateaux!



The Rock 'n Roll Lifestyle

Meet Big John on the Guitar and Kathryn on the Violin, who join Vini on guitar and vocals along with at least 35 singers when they all turn up! We are Parklife. We lead worship and more at Church services, sing at Care Homes, Funerals and even a Wedding!



Finding Fiona

As you may know, I have been a volunteer for the Grace Trust for 15 years and during that time I have been involved in the grocery deliveries, lunches, fundraising and Parklife choir. At the end of last summer, I left my job in the finance industry. I knew that I no longer wanted to be in an office environment, and I admit that this left me feeling quite lost, after all, the past forty four years work had been a major part of my life. At this time my thoughts went to "what do I really want to do?" and spending more time with the Grace Trust was the obvious answer but did I have the skills to work closer to the front line with people in difficult and sometimes desperate situations? I knew there was only one way to find out. I offered my services to Grace Trust and I was asked as my first solo outing, to represent the charity at the Highlands College fundraiser. It was here that I met a young girl in a vulnerable situation and after my initial panic in what to say, I found my feet and hope I made a difference to her that day. Fast forward a few months and I'm pleased to say that in addition to my usual volunteering, I have been helping with the food bank, meeting new people every week and getting to know the regulars. Again, at times, it's difficult to know what to say but I'm gaining confidence, and I think a smile and an extra packet of chocolate biscuits goes a long way! I feel encouraged by these wise words "The best way to find yourself is to lose yourself in the service of others" so my Grace Trust journey continues and who knows what version of Fiona will emerge out of the chrysalis that was financial client accounting. Watch this space!





Christine Florence Vincent

28.12.1934—09.01.2025

We meet so many people at our lunches. Christine always sat nearest to the serving hatch, every week she would call one of us over and say “I have a bus to catch, serve me first please my dear!” This was Christine, she also brought a pack of biscuits each week for the volunteers. Her crescendo voice at the end of when we sang a song was not to be missed. Rest in peace Christine, thanks for all you brought to the lunches. We will miss you.

Peter John Pestel “The Bishop”

11.02.47—24.12.24

The vast majority of people knew Peter as The Bishop,. He would usually sit at the same bench on the park . He was always happy to chat. A philosophical guy in many ways and he always kept us in stock of old football books he had read. We would always invite him in to Parklife singing, but it wasn't his “thing “. We gave him our time as best we could and he gave us his . It was a pleasure to be able to read at Peter's funeral, some lovely words written about Peter by Eddy West. “Bish taught us the most valuable gift you can give someone, is your time”



Mike Key;

We are so grateful for all that Mike did for us at our foodbank. Mike would always bring us a mix of bread and Portuguese rolls, kindly donated by Island Choice Bakery to top up the bread we buy. Almost every Tuesday and Wednesday morning, Mike would come by Lewis St with his lovely wife Angie and drop off a bag of rolls that made a difference. Thankfully through Mike this contribution still continues. The wonderful bakers that Mike made a contact with kindly continue to give us what they can. Thinking of you Angie at this time, take care and God bless.



This QR code will take you to our website and financial donation information.

Thank you.

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