



Care and support for Jersey's most needy



Rev David Grantham, receiving a painting of All Saints Church by James Miller from Art in the Park . All Saints is a big part of Grace Trust . We use the Hall probably around 80 times a year. We love taking Parklife there for our All Saints Day, when we assist David with the service. David is such a great guy, with a big heart for the Community.

Lunch is served, take a seat !

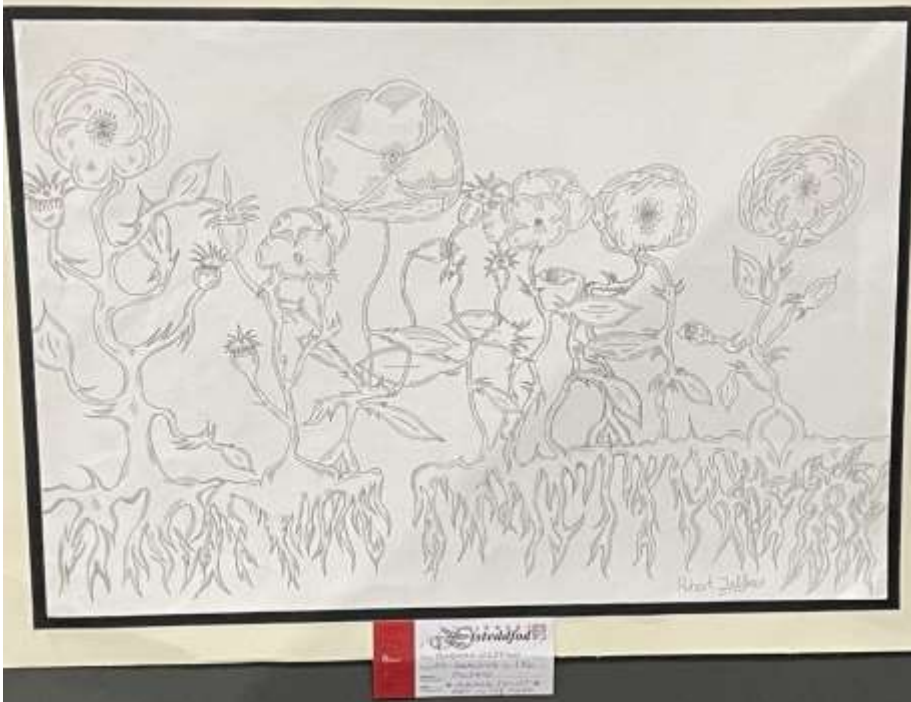
It has been so good to get back into the groove with our longest running project. The Saturday Lunches are still a big part of what we do. A great opportunity for folk from any background to come on in and have a good two course lunch with us, on the house! The place where you can go and be yourself . This is also a good volunteer silo, where helpers from many different backgrounds can come alongside to serve with a little culinary pampering. We have a lot of laughs and of course some tears along the way, but it is worth it to see the faces of all the folk that make up the Grace Trust Family. We want to say a big thank you to St Pauls Church who have given us a home for a long time now to hold these lunches. Also to Eddie and Zena who always ensure our tables and chairs are prepared to present a warm welcome to all.



Check out this for a Cottage Pie delight, served up by the Vistra Team.

A huge thank you to our resident cooks; Sue Freeman and Becky, Jeannie Richardson, Mark Watkins Nicki Richomme who in turn prepare our lunches and of course our volunteers who serve, wash up, tidy away and chat with folk .

After an enforced break, Art in the Park is back at Eisteddfod, and doing well. We had some really good art on display. We love this part of our year and long may it run. The whole afternoon is so important for our folk with their own work on display for all to see, the feeling of achievement is vital for us all. As you can see we have every reason to know we are here, because of the heart behind the Art.



Thanks to all the team at Art in the Park for coming through these last couple of years. We have managed to keep on course and most importantly kept our Art community together and focused. Not an easy thing, but being flexible and willing to operate in different ways allowed us to keep rolling. Well done Sue, Rosie, Debbie, Kathy, Jackie and Mark.



This is a great pic, taken by Mark at one of our Parklife afternoons earlier this year. When people ask us what Parklife is, we always say it is

a singing group, but slightly different one. But whatever we call it, we know its somewhere where folk can come in and forget about life for awhile. Pictured left; C with R & R. C can really sing, we invited him in a couple of times to do a few solos during a break for tea and it will be great to have him back. We run during Term time on Wednesday afternoon 2-4pm at All Saints Hall. Drop in and join us, you'll love it!

As with most of our projects the last two years have been challenging in being able to keep the momentum going. The opportunity to meet up with each other again and simply sing was so good. Hopefully we will be able to go out and around to sing at various places around the island as we always used to. We have seen an increase in folk joining us from Les Amis who have been a great addition to our afternoons.



Typical song list for a Wednesday practice session; In the Shallows / Oh sit down / Don't look back in anger / Getting used to being someone you loved / Are we human or are we dancer / Summer of 69 / Brown eyed girl / Country Roads / Peaceful easy feeling / You're so vain / Don't stop / Come up and see me make smile / Sitting on the dock of bay / You say it best / Let it be / If you believe they put a man on the moon / Cheer up sleepy Jean / Sloop John B / Summertime and the living is easy / We can be Heroes just for one day / The time of your life / You're still the one / You got it / Fisherman's blues / To make you feel my love.



Meet three originals. Becky, Jeannie and Gerry. It was Gerry who really got this whole thing off the ground. He was inspired by a DVD called the "Choir of Hard-knocks" who were based in Melbourne Australia. Determined that something similar could be achieved here in Jersey, Gerry contacted Roger Bara, a brilliant keyboard player who shared in the vision of being able to create an opportunity for folk from all backgrounds to sing as a group of people who have seen life up's and downs.



Here are a few comments from some folk involved with Parklife;

Anne ; "I can come in here feeling low and leave feeling quite happy again. It's a fantastic atmosphere, we are all equal and it's like a family to me".

Jeannie; "It is everything to me".

Paula; "I love coming here, you make friends. It's a good get together. I enjoy the concerts and the companionship.

Linda; "Parklife saved me when I lost my Daughter".

Marie is one of the Les Amis support workers who bring along residents from one of the Les Amis Houses.

Marie said " It brings so much happiness. It allows so much expression"

All those involved have really become part of all that we do as Parklife not just in the practice afternoons at All Saints, but also joining us when we go out to perform across the Island. We would like to give a shout out to support workers Marie, Tracy, Tania, Karen, Michelle and Tanya and of course the residents , thanks for all you bring to us and others.

If you would like to be involved in any way , just come along on a Wednesday afternoon 2-4 pm at All Saints Hall during Term time, ask for Vini, Gerry or Mark or give us a call on 631667.

Registered Charity No 141



This QR code will take you to our website and financial donation information. Thank you.

As you can imagine, it's been busy in the foodbank over these last few years. Thank you so much to all who continue to support this essential part of our work in the local community.



We love this place. When we park up the van every working morning and walk up towards Lewis St, off Cheapside. It opens up a new day of simply being there for a Community that is very varied. Our job is to meet whoever and whatever comes our way with grace and understanding. Sometimes we can sort things easily, other times it may take awhile!

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Vini's Viewpoint

It is fair to say, we all like to know where we are going. Not just in the big areas of our life but also in the smaller everyday things. As we all know, it has been a time of adaptability recently, a season of taking things a day at a time, we have learned a lot more about ourselves.

When things don't go to plan, we can lose heart, we can even give up. The resilience of some folk that we help at Grace Trust can be amazing. We often say "these folk are survivors" simply because they are. To be able to overcome the challenges that come our way is part and parcel of life. We all have tough days.

What makes the difference in the difficult times is usually the people who we keep around us. We need people who encourage us, not tear us down, people who can see the glass is half full not half empty. The base of our faith at Grace Trust is formed and fulfilled in seeing everyone as Christ sees them, even if no one else see's them at all.

