

Grace 18

JERSEY
Disteddfod

Waitrose

Grace in Action...



LOVE AND CARE FOR JERSEY'S POOR & NEEDY.

Grace Trust Hairdressing Day



Jayne



What a treat some of our folk had in February this year! **"Big Thanks"** to Jayne Gray and all the staff of Michael Moyse Hair Fashions and Diedre of West Collections both based in Quennevais Parade.



Deidre



Marianne & Rebecca



Katia



Marta



THANK YOU



Sam

THANK YOU



Lizzie

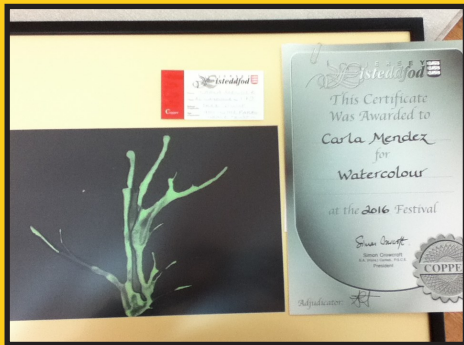
Art Eisteddfod Awards 2016



**Brenda Duhamel. Gold
Romeril Trophy Winner.**



**Brenda Duhamel again!
Bronze award.**



**Carla Mendez Copper award
for Watercolour.**



**Mary Sanguy. Copper award
for watercolour.**



**We have had such
success this year
we wanted to share
it with you!**

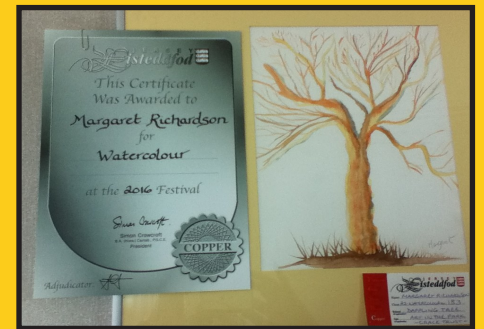
**We have seen our
numbers increase
at the classes on
Tuesday afternoons
at All Saints Hall
and we had a great
time at the
Eisteddfod this
year.**



**Art in the Park Mixed
Media Bronze award.**



**James Vibert. Silver for Oils
Award.**



**Margaret Richardson Copper
award for watercolour.**



Art in Park Gold Award

Waitrose

We would like to say thank you to Waitrose in Jersey for all their commitment to Grace Trust in this last year. Especially to Carrie Slowey, Jane Smith, Sean, Sara, Liz and everyone at Waitrose who has really helped us in provide a helping hand to those who are in need on our Island. We have found their assistance so valuable when running our monthly grocery delivery and foodbank .

Corporate Cooks Days

A Huge Thank you to.....

Grace Trust has continued with the Corporate Cookdays which have provided an excellent contribution to our foodbank.in Minden Place. The meals were cooked and packaged at St Marks Church. St Helier and Elim Rock Centre, Gordon Le Breton Close Plat Douet St Saviour. We would want to say a Big "thank you" to both Elim Rock and St Marks Churches for helping us over the past few years with providing their facilities for our Cook Days.



Introducing Trizia who is our new "Cooking Days" Coordinator. It is so good to have Trizia on board who will now be taking the Cooking Days into a new phase. which will start at Highlands College in May of this year. We would like to thank everyone at Car-ing Cooks for all that has been achieved over the last few years , so a Big "thank you" to Melissa, Michelle and Sharon.

Shaz, Ruth, Kat, Emma, Edel and Caroline below are from the
UBS Community "Volunteer Day"
27th November 2015



Graham, Sarah, Nono, Adam, Mark and Ricardo below are from the
Lloyds "Day to make a difference"
3rd March 2016



Annie Fells

A birthday girl who blesses so many!

It was Annie's birthday back in April and we wanted to say a BIG THANK YOU for all she does. Annie has really helped us see Art in the Park become what it is, her jam sponge puddings at our Saturday lunches and her teaming up with Fiona Falle in many fundraising events throughout the year have been invaluable to us.

THANK YOU ANNIE

Vini's Viewpoint :

The people we meet in life who are going through difficult times leave us in a place of decision ourselves; Do we take on their problems completely and help them every step of the way or do we keep a certain emotional distance of helping where and when we can ? Helping within a boundary that allows us to do more for others who may come our way with similar problems. It can be easy to get overloaded ourselves and then be of no use to those who do need our help. We can't take on every one's problems we know, but the point here is that no one is necessarily asking us to. Some people just need to unload what they are carrying for awhile, not expecting some great miracle to come along or some one to take all their suffering and turmoil away. They just need to talk about where they have found themselves. Sometimes it's not always easy to trace how we get to that point of saying "how did I get here" but one thing is for sure there will be others connected in some way within that journey, some who have helped and some who we may feel have hindered. I often say to people who come to us at Grace Trust that "We can't promise you more than you can promise yourself" We have to see our own responsibility at times in the journey that we have found ourselves on. Certain points of our life can be critical without us knowing it, herein we find the key's of understanding and wisdom. Keys that can be so elusive, so hard to find. What is worse ? Being locked in where you don't want to be, or locked out of where you do want to be.

There are no easy answers to many of the questions that arise in life. I believe that the giver of life knows what is right and best for us. Jesus never took the easy option, he spoke of keys to a kingdom when Peter said that he believed Jesus to be the Christ . God has shown us through Grace a way, not always easy but a way that will get us back home, back to where we want to be and more importantly where God wants us to be. The road is not wide not fashionable or attractive it's not travelled by everyone, but it is there for anyone willing to walk it. Finally the key is who you can walk this road with. This is where I find such reassurance on my walk in this world,. I have someone in Jesus who is always there, always faithful, always encouraging, always saying "you can do this because I'm with you will never leave you or forsake you" what a guy to help with the load we have to carry..... VJ



Grace 18 is growing. More and more young men and women are being identified as in need and we are currently looking for premises to operate a number of projects, from cooking and life skills to music and boxing. It is both a blessing and a cause for concern that people in this age group are being referred to us weekly by other organisations/agencies and we are currently supporting and mentoring dozens of lads and lasses in the 18-30 something category – and we can't wait to get our new projects off the ground. Call Brett on 631667/ 07829907413 or E-mail grace18@gracetrust.com.



John Green

25th April 1964—13th January 2016
John was a Wolves supporter ! We miss John. He used to come along to our Saturday lunches, always late! He would visit us in Minden Place to get help through our foodbank. We would chat and listen to all his hopes and fears. He was always talking about his kids and how proud he was of them.
RIP John.



Another Big "Thankyou" to Caroline Slowey—Dickinson Head of Foods at Marks & Spencer of King St in St Helier for donating loads of



lovely biscuits and goodies to our foodbank earlier this year.



There is 3 nice men who work for the Grace Trust. They help Lots off people you can talk to them if you have any problems they can help you. And they can help people Buy giving them food. You should allways say thank you very much. They have a Choire called Parklife I go singing to There or lots off people go singing. Young And old. Which is nice. They also Do a nice dinner every Saturday sometimes we all sing with and someone talks to every one. We all say thank you Four a lovely Christmas Party We all Had a great time. Buy the Grace Trust Where the offices are. Theres a café. A very nice Lady called Anne that workes there she makes people a cup off tea or coffee. Every one sites down and talks to each other sometimes we have a laugh. Even the men from the Grace Trust comes in they or allways busey. I think it is very kind off Them to do all this. At the end off the days we can all Have a good time and even Have a laugh with them Because they like to see people happy Not sad. I will allways say thank you very much four everything you all Do four me. I stand at the bottom off The stairs and say have you got any Tin fruit please. That makes them laugh. I will Look forward in the New year to be Doing all this again. Thank you. **We get some lovely letters.**

General Manager:
Gerry Padden (07829 782782)

Deputy General Manager
Vini Jones (07829 782783)

Grace 18 Coordinator



PO Box 15
St Helier
JE4 9NG

Tel:- 01534 631667
Web: www.gracetrust.com
E mail: info@gracetrust.com

Co-op Share Number **321548**