



# Grace in *Action...*



# Jersey Model Boat Show



A group of five men are standing behind a large, detailed model of a tugboat named 'Duke of Windsor'. The men are dressed in casual attire, including a striped polo shirt, a white t-shirt with 'CATERPILLAR' text, a grey t-shirt with 'Gladwin's' text, a red polo shirt, and a high-visibility yellow vest. The tugboat model is black and red with white superstructure. In the background, other model ships and a red biplane hanging from the ceiling are visible in a museum-like setting.



A photograph showing three detailed model ships on a white-clothed table. The largest model on the left is an orange and blue tugboat labeled "KOBALT 16-72". To its right are two smaller models: one is a dark-hulled ship with a red superstructure, and the other is a black-hulled ship. In the background, a wooden sign lists various maritime-related items for sale or rental, such as "Rope &amp; Line", "Sails", and "Boat Seats". A small red card lies on the table near the larger tugboat model.

- Jackie for her tireless work in the kitchen,
- Ann Fells for her cakes and cheerful smile
- Caring Cooks for their cakes and goodies
- Sharon McLucas for her energies and enthusiasm
- Our very own Fiona Falle who helped all weekend

*The total raised was*  
*£1541*

Lisa and AJ gave us a great set of songs too, Lisa certainly has a stunning voice and along with AJ's great playing brought a lovely vibe to the proceedings



# What's cooking at Grace Trust.

## Caring cooks :

It all started late January when inspired by a lady in Wales, **Melissa Buxton** posted on the 'Mums in Jersey' Facebook page that she would like to cook a meal once a week for a family who was struggling, ideally in St Clement. Word quickly spread and with the help of **Elaine Walker-Byrne** of the Jersey Evening Post, people across the island got in touch to see how they could get involved and help. From there this great initiative was born and, in the last 9 months has developed into a buzzing project that is certainly making a difference to people's lives.

Caring Cooks are currently cooking for 12 families and couples in the island and, with the organisation and leadership of **Sharon McLucas**, in this area of Caring Cooks they support The Grace Trust each week with 30 to 40 frozen portioned meals which are distributed to people who come to them directly for help. In total Caring Cooks prepare over 70 meals a week, all of it only possible with the support of nearly 40 cooks who give their time and money each week to prepare these meals.



**Thank you to Sally Chalker (above left) of Collas Crill who held the "Bake off day" that raised £132 for Grace Trust.**



**UBS AG employees** raised £324 through a dress down day and used the money to buy food. On the 23rd May they cooked **200 meals** for Grace Trust at St Marks Church

The hard-working cooks on the day were: **Sharon McLucas, Kat Gilroy, Michelle Gater, Kerry McBrearty, Zoe Rowan, Sandra Beckitt, Premnath Sanathanan Thampi and wife Vidiya.** The full team is pictured on the left with Carol from Grace Trust.

## Lloyds Bank "Day to make a difference"

**Sue Kett** from Lloyds bank organised the "day to make a difference". Staff from Lloyds cooked over **180 meals** for our food bank on August 8th 2014. The team worked hard to prepare the Shepherds Pies, Pasta Bolognese and Sausage Casserole.



**Mike, Arthur, Sue Kett, Chrissy, Gav, Andy.**



**KPMG** on Friday 29th August a team from KPMG organized by **Michelle Banks** from Caring cooks cooked at St Marks Church kitchen, many thanks to **Laura, Hayley, Jo, Kay, Hayley-Claire, Steve, Cheryl, Laura and Lisa .**



On the 11th July, **Melissa Buxton** (pictured 4th from left below) organized a team from Lloyds Bank to cook meals for Caring Cooks. They cooked at two venues, St Helier Parish Hall kitchen and St Marks Church kitchen.



At St Helier Parish Hall: **Ricardo, Mark, Nono, Melissa, Tiegan, Lee.**



At St Marks Church **Adam, Stefan, Sarah, Graham, Mark.**







## Barclays Jersey Boat Show May 4th 2014



When Lauren Raine-Clark contacted the office on a cold, dark and damp February day earlier this year and asked if Parklife could sing on the main stage at the Barclays Jersey Boat show we had a picture of a lovely sunny Sunday afternoon with lots of folk around having a great time.

Guess What?

That was exactly what it was like!

Parklife were warmly received by the crowd who basked in the sunshine enjoying the music and the refreshment.

In some ways this was the biggest "gig" for Parklife since Roger Bara's farewell at the Opera House back in October 2012. so we were chuffed to be able to take part in an event that has firmly established itself as the largest free maritime event in the Channel Islands.



**"We can be heroes just for one day"**

it certainly felt like that, thanks for having us. We love the new songs we are covering now, from Lindisfarne to David Bowie and from John Denver to Travis, it is all good stuff.

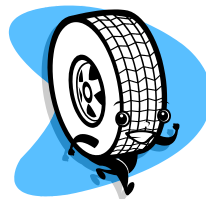


We were able to perform our new repertoire of songs along with all that makes Parklife what it is, natural, real, slightly unpredictable but always fun!

[easyfundraising.org.uk](http://easyfundraising.org.uk)

Check out a new way of donating to Grace Trust when you buy stuff online. This costs you nothing, as the company you are buying from will make the donation, it really is that good! you can make the most of this when buying Travel. Insurance & Banking. Mobiles. Utilities. Electricals. Tell your friends!

## New Wheels for Grace Trust



*David Capps Chairman of Grace Trust. Tim Cartwright & Peter Wells from Hawksford*

Grace Trust are the proud owners of a brand new van complete with the Grace Trust Logo. We are really excited about this, it will certainly make deliveries easier.

The Van was kindly donated from the estate of the late Major George Sullivan MBE, MC and Mrs Leonora Sullivan.



## Princes Trust Bed push

On June 6th, the hottest day of the year up to that point, Team 20 pushed and pulled a bed through town and on to St Aubin in order to raise money for Grace Trust. Team 20 are part of the Princes Trust Team which is a project of the Jersey Youth Service.

This was a great event and we really appreciate all of the hard work of the Team on that day. They went out in their 'onesies' and pyjamas carrying buckets and shakers to collect from a generous town centre lunchtime crowd. The team chose us to be their charity to collect for, Vini was able to go along to their base, meet the young guys and girls and talk about the work of Grace Trust.



He then joined the team on the day when a whopping £ 400 was raised.

We would also like to thank the team leader Sue, her assistants, Mandy and Eve and volunteer Alex. Gerry and Vini were delighted to attend the presentation on August 6th at Fort Regent to receive the cheque. During the evening those who had completed the programme gave an account of all they had learnt and experienced on this 12 week course. It was really humbling to see these young lads and lasses give heart warming and emotional accounts of the course.

We wish them all the best for the future and a great big ....



## Vini's Viewpoint

One of the perks of working at Grace Trust is the people we meet and work with, so many different folk from so many different backgrounds all coming together, some as volunteers and some who simply need help. That help can come in so many ways. Part of Gerry's and my job within Grace Trust entails organising and providing information regarding the best way to run the charity in the long-term. We try to make sure that in both the physical and spiritual sense that Grace Trust isn't just run on the sweet stuff "you need your greens" and you need a little slack every once in a while not just the sugar.

When Caring Cooks first approached us with the idea of providing meals for those in need, we knew it was a winner if they could just pace themselves and take a long term view to it all. Good ideas can soon fade as you find after the initial buzz of getting something going volunteers move onto other things, or you start something that just goes crazy and the demand is more than you can cover. Caring Cooks have shown a measured approach in the time they have been operating and one that will see this great initiative continue. Enthusiasm and energy are an essential attribute within any voluntary set up, but it's the caring that really counts. Charity is no good if it fizzles and fades after a short time, it is a marathon not just a sprint, it's for the Ox not the Cheetah.

It's been good to see how Caring Cooks have delegated their workload in the numbers of those cooking for them and delegation is the key to the longevity of any charity. Plus, the essential code of those running things, especially those who are paid like Gerry and I, of not asking anyone to do something you would not do yourself or make demands that you yourself would refuse if asked. Gerry and I have a responsibility to encourage and support all who come to Grace Trust with a serving heart and a social conscience. So while we are here, a huge 'thank you' to all who are involved, you know who you are! It may appear everything that Grace Trust does involves food, with the food bank, the lunches and the grocery deliveries, that may be true to a point but it's not just about the food, it's about the friendship, the fellowship, the listening ear and the building of trust. So to finish..... it's not just about the cooking, it's about the caring!

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