



# Grace in Action...

LOVE AND CARE FOR JERSEY'S POOR & NEEDY.

## IT COULDN'T HAPPEN TO ME!! 10 ways to become poor

1. Spend more than you make
2. Lust after what you don't have
3. Never give to anyone
4. Don't pay attention to where your money goes
5. Get a loan for everything (credit cards)
6. Wait for the perfect time to save
7. Follow the crowd (*Keep up with the "Jones!"*)
8. Don't worry about the little things (*but they add up*)
9. Invest in something you know nothing about
10. Waste stuff, money, food, time etc.

(reference—<http://christianpf.com/10-ways-to-become-or-stay-poor/>)



A BIG thank you to those who have helped us with food collections for those in need. It only takes a few tins to help us maintain an Emergency Food Bank. We can arrange collection for large amounts.



**New Arrival**  
Mum Hannah Phillips introduces **MALIKA** to Grace Trust.

**LAYLA FROM THE PARKLIFE CHOIR** impresses the Georgetown audience with her musical abilities (*youngest member*).



## Fiona Falle—Honorary Fundraising Manager

All those involved with Grace Trust have just welcomed on board Fiona as our new voluntary Fundraising Manager. Fiona has been an enthusiastic volunteer with the Trust since November 2009.

Even as a child she says that she had a caring nature, keeping tiny creatures in match boxes to save them from the world around them.

Fiona is married to Keith and has a son called Matthew, both of whom are very supportive of her passion for the Trust's projects. (*Continued over.....*)



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As a result of a St Lawrence Brownie Hamper project she initially heard about the work of Grace Trust Jersey and became involved in delivering the monthly food parcels and then helping with the Saturday lunches.

She added her support to the Parklife choir after attending a concert and seeing a Saturday lunch client become happy, enthusiastic, positive and really enjoying his singing.

Becoming more and more passionate about the work and the projects of the Trust, Fiona went on to set up a food bank in her place of employment at Capco Trust after reading about the urgent need for supplies for the emergency food cupboards for the poor.

Fiona then began helping to raise funds through events and promotions e.g. the fashion show, the sponsored walk and the street collection.

It was the latter two where her flair and aptitude for requesting donations was noticed by the Grace Trust team. She was asked to consider an unpaid post as the Fundraising Manager and duly accepted.

Fiona says that she is so passionate about the work of the Trust that she tells everyone she meets about Grace Trust and the lives it touches. She says that she never stops talking about it.

Fiona's aim is to spend as much of her free time as possible helping with the Trust's work, and she has several ideas for fundraising events for this year e.g. a possible charity golf day, a car wash, a concert and a promise auction towards the end of the year.



**Without fundraising and volunteers to help, Grace Trust would not be able to continue its work and, like most charities, we exist on the continuing generosity of others. Please help us to make a difference in the lives of others, and support our local Jersey families and those in need.**

Fiona is on the lookout for volunteers to help her.

Please contact her at [gracetrustfundraising@hotmail.co.uk](mailto:gracetrustfundraising@hotmail.co.uk) if you would like to support the fundraising work.



**Fiona, Sally-Anne, Linda & Geoff on route to St Aubin on the 2011 Fancy Dress walk**



**Fiona and Linda organise fundraising and raise awareness at a stall in the Post Office.**



**Fiona & Marion wrapping the Christmas Party presents.**



**Gerry & Ann collecting on the streets of St Helier**

## IT'S ARRIVED!!

**Parklife & La Ronde CD "Somewhere in the Middle" was released Dec 2011—£5. Available from Grace Trust Jersey, All Saints Church, Broken Wind and the Christian Bookshop in the Central Market.**



## In Memoriam

### Gail Winton

One of the Parklife choir members, Gail Winton, died in January after a long battle with her illness. Gail took part in the live recording with Parklife & La Ronde Concert Band for the CD. Gail's name is listed alongside the rest of those who performed.



### Gary Adams

'The King of the Park' passed away in December 2011 after battling cancer.

*Both will be remembered with a smile. xx*

# News + Events

Roger is awarded Citizen of the Year 2011 by the Lions Club of Jersey for his work with the Parklife project. What a guy!!



The Island Trip and Barbecue at Reg's Garden



## Christmas 2011

Many thanks, once again, to all those who helped Grace Trust in any way over the past year. We do not have enough room here to mention you all!!



Phew!! It's all over for another year. Some of our bag packers who packed the Christmas food delivery to those in need.

If you have mustard seed faith, you can move mountains!!!  
(The Bible-Matthew 21v 21)  
You have faith that you will make a difference!!



Jersey Keswick 2011- Archie, Gerry & Joyce promoting the work of Grace Trust Jersey



Gabriel & Miss Claus?



Q-What happens when a Reverend and a Baptist get together????

### Saturday Lunch

My cousin Bernie asked me, will you come to St Paul's for lunch? The Grace Trust cook it every Saturday, they're a really friendly bunch. Are you sure I'm allowed? Will it be ok? Maybe they won't like me, Come she said, they welcome everyone and treat us like a family. Feeling nervous I went for lunch, my only hot meal of the week, Meeting others like me, depressed and lonely, I knew I wasn't unique. Everyone is so kind, they show us all how much they care, We all sit together around tables, and everybody shares. Our rock is Gerry. He gives us hugs, words of support, and of course he's very witty. Every week Zena and Eddie come early. They set the tables, making them look so pretty. I met Alan that sings solo like an angel and Archie who has a heart of gold. Richard a quiet gentle man and Shirley who's so kind, making sure no one is lonely and cold. We love handsome Gabriel, who always calls us ladies and gives us hugs and kisses, Just a few of the special friends I now have, when I eat my lunch which is so delicious. Thank you Grace Trust for your support, and accepting me into your family. You give me so much more than lunch, when I leave every week I feel accepted and happy.

by Christine Le Breton



The Christmas Party 2011



Saturday Lunches

Future Events: Parklife Concert (Spring), Volunteers Day (Summer), Promises Auction (Autumn)



# Art in the Park !!



When art teacher, Janine Graham, approached us and asked if we would like her to start a free art class on our behalf we were delighted as several people had suggested this idea to us previously.

Janine is eager to encourage others by helping them to gain confidence in themselves through learning or improving their skills through the media of art. As we now know, art can be a very therapeutic tool for those of us who may be lonely, discouraged, downtrodden, depressed, anxious, etc.

She says that over the first few months of starting the class many of those who came along simply didn't believe that they were any good or could even draw. Part of what she also saw developing was the desire for companionship. Janine has created a safe, friendly, alcohol-free environment where people are treated equally and nurtured to reach their potential. She is a fully qualified art teacher and thoroughly enjoys using her attained skills to help others. She says that she wants people to relax in her class, and that there is never any pressure on anyone to finish their painting or to draw something that they do not feel comfortable with. She is looking forward to putting on an exhibition of her students' work.



Danny, Janine, Christine, Gabriel & Mary



Ann and Janine

In November last year we asked Janine if the class would be able to create work that we could sell to raise funds at the Association of Jersey Charities Christmas Fayre, and Janine and her students came up trumps with their work well exceeding our expectations. All thirteen watercolour prints were sold, and shortly afterwards came Christmas Cards that were also sold to raise funds for Grace Trust. If you bought a watercolour print or a card you will be very much aware of just how special they actually are. Janine enthused everyone in the class to paint some part of each painting or card, e.g. someone would draw the outline, someone would paint the sea or the sky, etc. All the paintings have been uniquely signed as "Art in the Park".

If you know of anyone who would benefit from this amazing class and project please contact Janine on **01534 732347**.

## Some of the reasons to explain why Art can be so important!

- Art brings happiness to people you'll never meet
- It is a great way to express yourself—you can never be wrong
- Art is a great healer during stressful times and an outlet for excessive emotion
- Art can change lives and make others think!
- It can change the way you see the world (*you look more closely*)
- It starts you on a quest for personal further development

(adapted from *21 Reasons You Should Make Art*—<http://thefuturebuzz.com/2008/10/01/21-reasons-you-should-make-art/>)

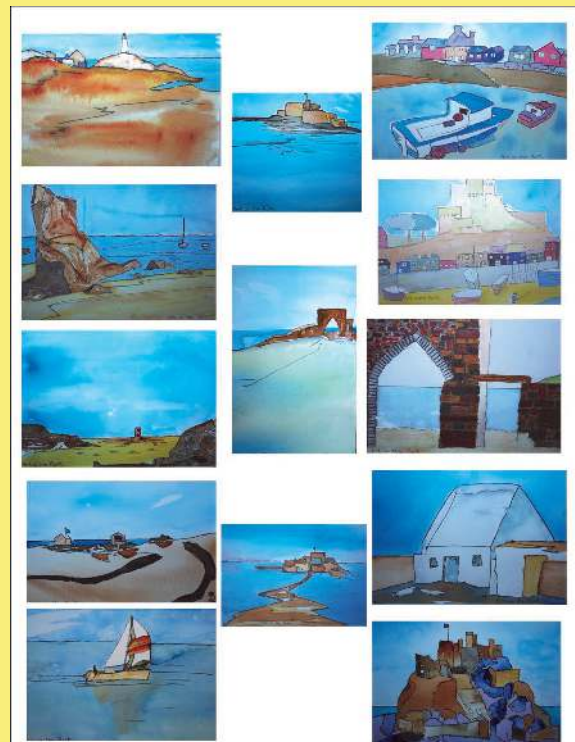
### Art Class

**Venue: All Saints Church Hall**

**Day & Time: most Tuesdays—3.30pm**



New logo designed by Christine Le Breton



Produced by the class for the Christmas Fayre

**Trustee & Chairman:** David Capps  
**Trustees:** Vicki Lavarack  
 Diana Pitt

**General Manager:** Gerry Padden ( 07829 782782)

**G. M.'s. Assistant:** Joyce Riddett ( 07829 782783)



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